## FOUR YEAR GUIDE TO A SUCCESSFUL COLLEGE EXPERIENCE

	1 <sup>st</sup> YEAR DISCOVER!	2 <sup>nd</sup> YEAR EXPLORE!	3rd YEAR EXPERIENCE!	4th YEAR CHOOSE!
	EXPLORE CAREER AREAS	COLLECT MORE INFORMATION	INCREASE EXPERIENCE	FIRST CAREER CHOICE
C A R E E R	<ul> <li>Talk with family, friends, professors</li> <li>Take Focus (offered by Career Planning)</li> <li>Identify the following: <ul> <li>Past accomplishments</li> <li>Interests</li> <li>Skills &amp; abilities</li> <li>Work values</li> <li>Personality style</li> </ul> </li> </ul>	<ul> <li>Read about at least 3 career options available to you through your major</li> <li>Talk with professionals in interesting careers (informational interviews)</li> <li>Spend a day on the job with professionals in different careers (job shadow)</li> <li>Check out our website!</li> <li>Gain experience through a related summer job</li> </ul>	<ul> <li>DO AN INTERNSHIP!!</li> <li>List tentative decisions about your career</li> <li>Attend Resume Writing &amp; Interview prep workshops</li> <li>Begin to collect recommendations from employers/faculty/etc</li> <li>Become familiar with work settings &amp; job descriptions</li> <li>Join a professional organization at the cheaper student rate!</li> </ul>	<ul> <li>Develop employer contact list</li> <li>Attend Career Fair(s)</li> <li>Interview for jobs on campus, at job fairs &amp; independently</li> <li>Explore ALL jobs</li> <li>Read professional journals &amp; join a list serve</li> <li>Request your FREE copy of Job Choices at the Career Planning Office</li> <li>Do another INTERSHIP!!</li> </ul>
	EXPLORE THE COLLEGE	LEARN MORE	MAKE INTIAL CHOICES	LONG-TERM DECISIONS
A C A D E M I C	<ul> <li>Read course catalogue/become familiar with CCC majors</li> <li>Set appointment with academic advisor to schedule classes and begin to discuss long-term goals</li> <li>Attend a workshop on: -Study skills -Test &amp; note taking -Time management</li> <li>Think about summer classes and plan a summer job that relates to your major</li> </ul>	<ul> <li>Set an appointment with academic advisor to schedule classes &amp; continue to discuss long-term goals</li> <li>Join the CCC academic club for your major</li> <li>Confirm you are in the correct major for you</li> <li>Look into a study abroad program</li> <li>Take some computer or business courses</li> <li>Focus attention on attaining a good GPA</li> </ul>	<ul> <li>Earn good grades in major courses</li> <li>Attend seminars &amp; conferences related to your major</li> <li>Ask advisor or other faculty member about relationship between academic coursework &amp; future plans</li> <li>Is Grad School in your future? Find out when &amp; what you need to do</li> </ul>	<ul> <li>Send out Grad School applications</li> <li>Develop an independent study</li> <li>Develop a special senior project</li> <li>Make a list of you long-term learning goals</li> <li>Where do you see yourself in 5, 10, years?</li> <li>Set appointment with academic advisor to discuss implementation of long-term goals</li> </ul>
	GAIN SELF-AWARENESS	EXPAND NEW ROLES	TAKE SOME RISKS	MAKE COMMITMENTS
P E R S O N A L &	<ul> <li>Identify interests &amp; values</li> <li>Find an organization or event to volunteer your time</li> <li>Visit the College Counseling Center</li> <li>List your major fears of college life</li> <li>Discuss your changing relationship(s) with family &amp; friends</li> </ul>	<ul> <li>Get to know some international students</li> <li>Find a mentor who can offer support</li> <li>Plan discussions with others from different backgrounds &amp; cultures</li> <li>Broaden your circle of friends</li> </ul>	<ul> <li>Seek out people to talk about your concerns</li> <li>Help another work through a problem</li> <li>Discuss some of your decisions with a mentor</li> <li>Test your ideas through a discussion group</li> </ul>	<ul> <li>List the components of your lifestyle</li> <li>Talk to an alumnae about your first year out of school</li> <li>Make a list of your firm decisions</li> <li>Write 3 life goals &amp; 3 fears about next year</li> </ul>
S	INITIATE RELATIONSHIPS	INCREASE INVOLVEMENT	EXERCISE NEW SKILLS	DEVELOP LEADERSHIP
O C I A L	<ul> <li>Join Res. Hall, Commuter, or similar organization</li> <li>Join CCC clubs &amp; organizations that interest you</li> <li>Allow time for leisure!</li> </ul>	<ul> <li>Work on a project/ committee with your club or organization</li> <li>If eligible for work-study, apply for a Career Assistant position</li> <li>Participate in intramurals</li> </ul>	<ul> <li>Get involved in student government/ run for office!</li> <li>Volunteer your time to help a community organization</li> </ul>	<ul> <li>Chair a group</li> <li>Lead a professional organization</li> <li>Volunteer to work in on-campus offices</li> </ul>